



NURSES SET UP AND PACK DOWN & DAILY TASKS

3 ZONES – DIRTY, STERILISING, AND CLEAN

DIRTY ZONE:

1. Table to be covered with paper/cardboard (whatever is available) to protect the surface.
2. Bucket of clean water (B2A staff sort).
3. Jug for water bucket.
4. Boxes of gloves for nurses (depending on size required).
5. Washing up Liquid.
6. Disinfectant spray bottle.
7. Heavy duty rubber Gloves and visor for scrubbing dirty instruments
8. 2 scrubbing brushes (long handle plastic brush and wire brush).
9. 2 silver bowls:
 - One for scrubbing instruments with squirt of washing up liquid in
 - One with clean water in for rinsing instruments
10. Instruments baskets (from pressure cookers).
10. Dirty instrument box.
11. Clinical waste bin – (empty box with black bin liner inside).
1. Disinfectant spray bottle for spraying instrument trays.

STERILISING ZONE:

1. Table to be covered with paper/cardboard (whatever is available) to protect the surface, also if available some extra cardboard for resting hot pressure cooker on when emptying the instruments out of.
2. 3 kerosene burners (**set up and lit by B2A staff only**).
3. 3 pressure cookers.
4. Vaseline (start of day wipe a small bit around black seal of pressure cooker).
5. Thick pair of heavy duty gloves for handling hot pressure cookers.
6. Long handled Cheadle forceps for lifting baskets out of cookers and releasing steam out of cookers.
7. Clean eye protection for when releasing pressure from cookers.
8. Timers.
9. Kidney bowls to place instruments in after sterilising for cooling
10. Matches.

CLEAN ZONE:

1. Clean instrument box
2. Tray liners, centre feed roll
3. Empty clean trays.

SUPPLIES & PREPARATION AREA

Each day check the following are available on each workstation

- Gloves for UK dentists and CO's
- Anaesthetic (on the first day prepare 5 syringes of 2.5mls per workstation)
- Gauze (place in plastic box)
- Throat Pack (prepare and place in plastic box)
- Face Masks (put a few in each plastic box)



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Set up this area with:

1. Boxes of syringes pre-packed (wrappers kept to be used as covers for lights).
2. Box (small plastic) to keep empty syringe covers in.
3. Box (small plastic) to store cut gauze packs.
4. Scissors.
5. Anaesthetic – (adrenaline free is available but used as needed only).
6. Hand disinfectant
7. Emergency instrument kit.
8. Assortment of different sizes of gloves.
9. Cotton products – throat pack, gauze, masks etc

PACK DOWN

1. Partial Pack Down (returning to same site the next day)

- Ensure you are aware of what time you will be leaving site, communicate well with SCL
- Try to have as many instruments sterilised by the time you leave – if you run out of time clean and scrub the instruments and leave in the dirty box ready to sterilise tomorrow.
- As site administrator to throw away any dirty water
- Close up any bins and replace bin bags for tomorrow
- Pack away any cotton products so they remain clean for the next day
- Tidy the sterilisation room so equipment is safely stored
- Turn off stoves (B2A site administrator will do this)
- Check stock for tomorrow and following days – inform SCL if anything is running low

2. Full pack down

- You cannot travel with hot stoves so these must be switched off in time to cool down
- Any unsterilized instruments must be cleaned and placed in the dirty box ready for sterilisation at next site or back in Mwanza. Please ensure your site administrator knows there are dirty instruments on return to Mwanza.
- Pack away all items into original boxes
- Make a note of any damaged or lost items and give to SCL to feedback to DVP Manager.
- Assist dentists packing up workstations if necessary and generally tidying up the site.

OTHER DAILY TASKS

- Topping up of workstations with cotton products
- Assisting in treatment room as necessary
- Completing daily feedback on CO's and what you have observed
- From day 3 onwards carrying out OHE and sterilisation training – discuss with SCL
- Setting up and assisting with 7th workstation if requested by SCL
- Checking stock levels